

Teen/Adult Programs

Frustration Free Sewing for Life

Take your sewing machine on a road trip to the Star Heights Recreation Center. Together with your very own owner's manual we will learn how to clean, oil, thread and then look out...create! We will go on a field trip to the fabric store and discuss selecting the appropriate pattern, fabric, and notions. Our upbeat instructor is passionate about sharing her knowledge of this fun activity. All skill levels will enjoy and benefit from this class.

Registration Deadline: June 12

- June 25 to July 30
- Thursday
- 6:30 to 7:30 PM
- Star Heights Recreation Center
- Min 8 Max 15
- \$35
- Ages 12 and up



Culture of the Rising Sun

Imagine being able to learn aspects of Japan without needing a passport! This exciting class will teach you language, songs, and provide cultural glimpses in a relaxed environment. Enjoy this class and be on your way to being an expert on the Land of the Rising Sun!

Registration Deadline: May 14

- May 21 to July 9
- Thursday
- 6:15 to 7:45 PM
- Haynes Community Center
- Min: 8 Max: 20
- \$40
- Ages 14 and up



Dance Classes

Sign up for classes and learn how to ballroom, country and western, swing, and Latin dance. Turn a few hours of lessons into a lifetime of dancing the nights away. These classes fill up quickly so register early.

Registration Deadline: June 12

- June 18 to July 16
- Thursday
- 7:00 to 8:00 PM
Country/Western and Swing
- 8:00 to 9:00 PM
Ballroom and Latin
- Star Heights Recreation Center
- Min: 10 Max: 50
- \$40 for couples
\$25 for singles
- Ages 16 and up



Advanced Guitar Class

This program is designed to advance the already capable guitarist in the technique of soloing or lead guitar. Anyone interested in learning play in styles ranging from Eddie Van Halen to Brad Paisley would love this class. Participants in this class will learn guitar licks, scales, single-string technique, chord harmony, and guitar theory. A solid knowledge of guitar technique is required for participation.

Registration Deadline: May 29

- June 3 to July 22
- Wednesday
- 7:15 to 8:15 PM
- Star Heights Recreation Center
- Min: 5 Max: 8
- \$55
- Ages 15 and up (Guitar needed, please no amps)



Group Guitar Lessons

There's no time like the present to learn the basics of playing the guitar. This class will help you develop basic techniques, chord accompaniment, and note reading on classical, folk, and popular music.

Registration Deadline: May 29

- June 3 to July 22
- Wednesday
- 6:00 to 7:00 PM
- Star Heights Recreation Center
- Min: 5 Max: 8
- \$55
- Ages 13 and up (Guitar needed, please no amps)



Discover Your Inner Goddess! (Belly Dancing)

As a group, this class will learn many forms of belly dancing and set a date to perform for family and friends. There's no need to buy expensive exercise equipment. Just bring a hip scarf or your favorite shawl and come dance with us in a diverse and supportive environment.

Registration Deadline: May 26

- June 1 to July 20
- Monday
- 6:00 to 7:00 PM
- Sabana Grande Recreation Center
- Min: 8 Max: 20
- \$40
- Ages 18 and up